



Gatton Lockyer Brisbane Valley Star
10/06/2009
Page: 20
General News
Region: Gatton QLD
Circulation: 19292
Type: Regional
Size: 289.14 sq.cms
Frequency: --W----

Turf: perfect for winter

WINTER is the perfect time to give your home an outdoor makeover.

The cooler months are no excuse to neglect your backyard and these cooler months are the perfect time for laying new turf.

Jason Hodges, landscaper and presenter of Channel 7's Better Homes and Gardens, said the benefits of turfed outdoor areas are abundant including an improvement in lifestyle and health.

"Turfed areas are great for families as the kids are able to run around, play with their favourite games and family pet or even play a bit of footy.

"It is also fantastic for holding outdoor social events, whether you prefer barbeques and picnics, and green areas have even been found to improve happiness and wellbeing, making people feel more relaxed and closer to nature,"

Mr Hodges said.

"Turf also has a huge range of environmental benefits such as improving air quality, reducing noise and heat in and around the home, and can also assist with protecting properties from bushfires."

According to Turf Australia, other benefits Australians will enjoy by laying turf include:

- ♦ Five square meters of turf lawn provides all the oxygen needed by a person each day, meaning the average backyard produces enough oxygen for a family of four.

- ♦ Turf is the safest surface for outdoor leisure activities.

- ♦ Turf provides a natural sink for carbon dioxide; it takes carbon from the atmosphere and stores it in soil.

- ♦ Turf has the cooling effect of nine tonnes of air conditioning, an impressive figure when you consider that the average home air conditioner which

has a 3-4 tonne capacity and increases carbon dioxide emissions.

- ♦ Turf prevents soil erosion while filtering run-off water and traps pollutants before they get to our rivers and streams destroying natural vegetation and fragile ecosystems.

There are five main types of Turf grass grown in Australia, Buffalo, Carpet Grass, Couch, Kikuyu and Tall Fescue.

Each has a different colour, blade thickness and location suitability.

The Turf Australia website at www.turfaustralia.com.au provides advice on the best type of turf to suit your needs.

The Turf Australia website can also direct you to your local turf supplier and provide further information on the environmental benefits and maintenance tips.



WINTER IS THE perfect time to give your yard a makeover, by laying down some reliable and safe turf.